





















Additional Items to Consider Adding to an Emergency Supply Kit:

 Emergency reference material such as a first aid book or information from www.ready.gov

Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.

 Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.

☐ Fire Extinguisher

Matches in a waterproof container

Prescription medications and glasses

Infant formula and diapers

Feminine supplies, personal hygiene items and hand sanitizer

Mess kits, Paper cups, plates and disposable utensils, paper towels

Paper and pencil

Books, games, puzzles or other activities for children



Recommended Items to Include in a Basic Emergency Supply Kit:

- Water and non-perishable food for several days
- Extra cell phone battery or charger
 - Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
 - Moist towelettes, garbage bags and plastic ties for personal sanitation
- Non-sparking wrench or pliers to turn off utilities
- Can opener (if kit contains canned food)
 - Local maps

FEMA's Ready Campaign

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things; get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.





Federal Emergency Management Agency Washington, DC 20472











