

WHEN IT COMES TO **STROKE**,  
**BE FAST CALL 911**

Any one of these sudden **SIGNS**  
could mean a **STROKE**



**Balance**

Watch for sudden loss of balance



**Eyes**

Check for vision loss



**Face**

Look for an uneven smile



**Arm**

Check if one arm is weak



**Speech**

Listen for slurred speech



**Time**

Call **911** right away

You may be at a higher risk of getting a stroke if you have any of the following conditions:



- Have high- blood pressure
- Heart disease
- Smoke cigarettes
- Diabetes



In case of an emergency,  
Call 911 from where you are and do not drive.

# May is Stroke Awareness Month

**What is a Stroke?** A stroke occurs when blood flow to the brain is blocked or a blood vessel bursts, causing damage in minutes.

## Stroke Facts

- About 800,000 people in the United States have a stroke every year, with about three in four being first-time stroke sufferers.
- Stroke is the fifth leading cause of death and a primary cause of adult disability in the U.S.

## Other Stroke Symptoms, to watch for:

- Numbness or weakness of face, arm, or leg, especially on one side of the body
- Confusion, trouble speaking or understanding speech
- Severe headache with no known cause